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15 MARCH 2026

# Welcome to all saints presbyterian church

Theme for 2026  
**Deeper for More**

Colossians 1:9b-10

“We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God.”

## Today's Sermon

Title: Silence & Solitude: Creating Space  
for God

Text: Psalms 62:1-8; Mark 1:32-38

Speaker: Rev Daniel Lee

### Order of Service

Prelude (9.45 am)

\*Call to Worship (10.00 am)  
Gathering to Worship

Scripture Reading

Sermon  
Responding to the Word

Song of Response

Congregational Silence

Holy Communion  
(Every 1<sup>st</sup> Sunday)

Offering & Announcement

Congregational Prayer

\*Benediction  
Receiving God's Blessing

## vision

**Family in Christ, Light to Peoples of the Nations**

## mission

To become a Spirit-filled people of Faith, Committed  
to intentional Discipleship - Rooted in Word, Prayer  
and His Love

So that we will impact our  
Homes, Communities and the Nations for God

### Memory Verses:

We continually ask God to fill you with the  
knowledge of his will through all the wisdom  
and understanding that the Spirit gives, so that  
you may live a life worthy of the Lord and  
please him in every way: bearing fruit in every  
good work, growing in the knowledge of God.  
(Colossians 1:9b-10)



## **WELCOME**

We welcome all worshippers and particularly those who are attending our Service for the first time in ASPC!

Do visit our website [<https://aspc.sg>] to find out more about us and to receive our latest updates.



## **ASPC SAFETY MEASURES**

Worshippers are encouraged to maintain good hygiene practices and to exercise responsibility and caution, such as wearing masks when interacting with vulnerable persons.

Live-stream will be available.

Worshippers are encouraged to attend In-person service.

## **ANNOUNCEMENTS (BROADCAST LIST & UPDATES)**



To receive official updates from All Saints Presbyterian Church via ASPC Broadcast WhatsApp, please ensure you add this number +65 9117 5084 into your mobile phone's contact list and send a message of request for official updates.

## **CORPORATE PRAYER**

- Pray for Peace in our world especially the conflicts in the Middle East – may peace & compassion grow in the hearts of the warring leaders, that their hearts filled with pride, anger & hatred will be softened. May they choose diplomacy over violence and value human life over power.
- Pray for Wisdom for our Government Leaders -- Ask God to guide those making decisions that affect national security, diplomacy, and the economy. May they also be granted special wisdom & discernment to protect our nation from global instability & promote peace in our troubled world.
- As we draw near to Holy Week -- Pray for a Deeper Gratitude for Christ's Sacrifice, Pray for Spiritual Renewal in our Church, Pray for Opportunities to Share the Gospel & Pray for Personal Transformation Through the Resurrection.

## **REFRESHMENT ON 1<sup>st</sup> SUNDAY OF THE MONTH**

Do stay back for a time of fellowship over meal on the first Sunday of every month.  
Do bring along your personal food container and cutlery for an eco-friendly meal.

## **THANKSGIVING**

We thank everyone who have generously sponsored the refreshments!

## **HOUSEKEEPING**

Dear Worshippers, a gentle reminder not to drink beverages or eat in the Sanctuary☺

Take note also to wash the cups after use & clear the rubbish after eating in the fellowship hall and the multi-purpose rooms.

Let us upkeep the cleanliness of our Church together!

Thank you.

## **KEEP CLEAR OF SANCTUARY ENTRANCE**

Dear Worshippers, please keep from congregating at the Sanctuary entrance after Service for a smoother flow for people to exit.

Thank you!

## **IN PERSON MANDARIN SERVICE (15 MAR)**

In person Mandarin Service with Holy Communion (15 Mar)

Speaker : 蔡锡标牧师 Rev Charles Chua

## **IN PERSON MANDARIN SERVICE (5 APRIL)**

In person Mandarin Service with Holy Communion (5 Apr)

Speaker : 沈光辉弟兄 Bro Ananias Sim Kwang Hwee

## **EASTER SUNDAY SERVICE WITH CONFIRMATION OF FAITH & INFANT BAPTISM (5 APR)**

Do invite your family, relatives and friends to this joyous occasion and the celebration of Easter.

## **CONGRATULATIONS**

Congratulations to Lee Pei En and Eugene Koh for the birth their son Ezra Koh, grandson of Lee Kwok Meng and Lee-Wong Wai Cheng Sharon and nephew of Jia En and Qi En.

# CHURCH CAMP 19-22 JUNE 2026

Hello Saints!

Our ASPC Camp is happening Friday 19 - Monday 22 June 2026, at TROVE JB! 🏠

Come for a time of spiritual refreshment with God 😊 and great bonding fun with our family in Christ 🙏

The camp costs \$360/adult upwards, depending on the room type you select. If in doubt, feel free to msg Li Min (9831 8239) and she will figure out the cheapest option for you 😊

## Registration is now open!

We're trusting God for 80 campers :) Sign up for yourself or your family/group of friends here!

👉 <http://tinyurl.com/aspccamp>



More details on our camp theme, speakers and program visit our camp website:

<https://aspccamp.my.canva.site/>



**2026 Trips**

Mar 6-16	Sep 11-21
Apr 10-20	Oct 16-26
May 8-18	Nov 13-23
Jun 12-22	Dec 11-21

**Kinshuko Trips**  
**锦秋湖**  
**Jul 21-Aug 2**  
**Aug 8-17**

# EPJM

English Presbytery  
Japan Mission

**Pray for Japan**

Date: Every 4th Tues of the Month  
 Time: 7.30pm to 9pm  
 Place: All Saints Presbyterian Church

## Missions at Our Doorstep Operation Honour (YWAM)

How you can be Involved :

- \* Help in food distribution on Thursday (7-9pm) @ 8 Lorong 9 Geylang
- \* Befriend / talk to migrant workers
- \* Sponsor food items individually or as a small group eg eggs or coffee
- \* Give men's clothings, household items, mugs or water bottles etc

Contact Elder Susan (9113 7942) or Jennifer Soohu (92378893) to find out more.

# JOURNEY THROUGH GRIEF BY PRESBYTERIAN COUNSELLING ASSOCIATES

**PRESBYTERIAN COUNSELLING ASSOCIATES**  
(PCA) Presents

**JOURNEY THROUGH GRIEF**

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**Grieving the  
Death of your Spouse  
(5 Mar 26 Thu 8-945pm)**

This free online group therapy session is limited to maximum 25 persons. Break-out groups of 5 or less will be facilitated by PCA Counsellors.

Register at  
<https://bit.ly/PCAJourneythroughGrief>

Other sessions in 2026

**Grieving a Miscarriage**  
(7 May 26 Thu 8-945pm)

**Grief of a Caregiver**  
(6 Aug 26 Thu 8-945pm)

**When my Child Grieves**  
(5 Nov 26 Thu 8-945pm)

□

# Mission trip to EL Shaddai

Klang, Malaysia

2026



28 FEB - 06 MAR

REGISTER BY 12 JAN 2026

## OTHER TRIP DATES

04 JUL - 10 JUL  
25 JUL - 31 JUL  
31 OCT - 06 NOV

## OTHER INFORMATION

- FOR ENQUIRIES, CONTACT LAU BAK CHYE @ 9127 8938
- SCAN QR CODE TO REGISTER (FOR TRIP IN FEB/MAR); OR TO INDICATE INTEREST (FOR OTHER TRIPS)
- PRIORITY WILL BE GIVEN TO ALUMNI AND STUDENTS OF KAIROS AND THE UNFINISHED STORY COURSES



SCAN QR CODE TO REGISTER



English Presbytery Mission Committee



elshaddai

# S.T.E.P 2026



## Synod Training & Exposure Programme 大会青年培训与体验计划

4 - 29<sup>th</sup> May 2026

Every Mon - Fri

Includes Stay-in Camp  
between 4-6<sup>th</sup> May

**CALLING ALL YOUNG PEOPLE AGED 19-30 YEARS OLD!**

诚邀所有19至30岁的青年参与

REGISTER NOW 

<https://tinyurl.com/STEP2026May>



**Come join us for a month-long experiential journey as we:**

欢迎加入我们为期一个月的体验之旅

- Learn Presbyterian Doctrines and Practices
- Visit non-Presbyterian church on 9/10 May (Sat/Sun)
- Meet church and seminary leaders with time for Q & A
- Interact with people from other churches...and so much more!

Organised by  
The English Presbytery of  
The Presbyterian Church in Singapore

HOLY WEEK CONVENTION 2026 | 1-3 APRIL

**Following  
CHRIST**

We will reflect on and challenge worshippers in three aspects of following Christ in His Word, Service, and Suffering (Cross), based on the Book of Mark.

**Following Christ in Scripture**  
Mark 4:1-9  
**Rev Ong Chee Hong**  
Wednesday, 1 April | 8pm  
True Way Presbyterian Church  
156B Stirling Road Singapore 148947  
(Queenstown MRT Exit A)

**Following Christ in Service**  
Mark 8:27-38; 10:44-45  
**Rev Dr Clive Chin**  
Maundy Thursday, 2 April | 8pm  
True Way Presbyterian Church  
156B Stirling Road Singapore 148947  
(Queenstown MRT Exit A)

**Following Christ in His Suffering**  
Mark 15:21-39  
**Rev Simal Marthenis**  
Good Friday, 3 April | 10.30am  
Suntec Singapore Convention & Exhibition,  
Hall 401-402 (level 4)  
We won't have a separate children's programme on Friday but there will be a sermonette for them.

There will be live-streaming of the services on Wednesday and Thursday. Good Friday service will be recorded and broadcast later that day.  
Find out more at <http://epholyweekconvention.org>

There will be Live-Streaming Services on Wednesday and Thursday.  
Good Friday Service will be recorded and broadcast later that day.  
Links for the Live-Streams and Broadcast are in the EP Holy Week Convention website:  
<https://epholyweekconvention.org/>

# 'S RULE OF LIFE

A GUIDE TO INTENTIONAL DISCIPLESHIP ROOTED IN CHRIST

DEEPER FOR MORE

## Scripture Anchor

"We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God" Colossians 1:9-10

### Identity: Who Do I Want to Be?

Who is God calling me to become in this season?  
What Christlike qualities do I desire to grow in?  
What gives me a sense of joy, fulfillment and connection to God?



### Identity: Who Am I?

What is my current life stage and personality?  
What limitations do I need to honour?



### Daily Rhythms

What helps me stay rooted in God?  
What comes naturally to me?  
What stretches me toward wholeness?  
Eg. Prayer, Meditation, Scripture, Journaling

### Weekly Rhythms

What renews my spirit and relationships?  
Eg. Sabbath, Community, Worship, Spiritual Friendship, Service



### Monthly Rhythms

What helps me reflect and realign?  
Eg. Silence, Spiritual Direction, Hospitality

### Yearly Rhythms

What helps me reset and renew?  
How can I review and revise my Rule of Life?  
Eg. Retreat, Fasting, Review



### Community

Who are my spiritual community?  
What practices can I share with others? How can I journey in mutual encouragement?



### Adjustments

What schedule or relational changes are needed to support my Rule of Life?  
What is one rhythm I can start implementing from this week?



# NOMINATION OF POTENTIAL CANDIDATES FOR THE OFFICE OF ELDERS & DEACONS FOR THE UPCOMING ACM ON 24 MAY 2026

## **Requirements:**

The Nominee must be a Member of ASPC  
Only Members of ASPC can nominate  
1 Proposer and 1 Seconder for each nominee

## **Qualifications for the Office of Elder Based on 1 Timothy 3:1-7**

1Here is a trustworthy saying: If anyone sets his heart on being an overseer, he desires a noble task. 2Now the overseer must be above reproach, the husband of but one wife, temperate, self-controlled, respectable, hospitable, able to teach, 3not given to drunkenness, not violent but gentle, not quarrelsome, not a lover of money. 4He must manage his own family well and see that his children obey him with proper respect. 5(If anyone does not know how to manage his own family, how can he take care of God's church?) 6He must not be a recent convert, or he may become conceited and fall under the same judgment as the devil. 7He must also have a good reputation with outsiders, so that he will not fall into disgrace and into the devil's trap.

## **Qualifications for the Office of Elder Based on Titus 1:5-9**

5The reason I left you in Crete was that you might straighten out what was left unfinished and appoint elders in every town, as I directed you. 6An elder must be blameless, the husband of but one wife, a man whose children believe and are not open to the charge of being wild and disobedient. 7Since an overseer is entrusted with God's work, he must be blameless—not overbearing, not quick-tempered, not given to drunkenness, not violent, not pursuing dishonest gain. 8Rather he must be hospitable, one who loves what is good, who is self-controlled, upright, holy and disciplined. 9He must hold firmly to the trustworthy message as it has been taught, so that he can encourage others by sound doctrine and refute those who oppose it.

## **Qualifications for the Office of Deacon Based on 1 Timothy 3:8-10; 12-13**

8In the same way, deacons are to be worthy of respect, sincere, not indulging in much wine, and not pursuing dishonest gain. 9They must keep hold of the deep truths of the faith with a clear conscience. 10They must first be tested; and then if there is nothing against them, let them serve as deacons.

12A deacon must be faithful to his wife and must manage his children and his household well. 13Those who have served well gain an excellent standing and great assurance in their faith in Christ Jesus.

## **Selection Process**

The selection process is divided into 3 phases, namely:

- (1) EVALUATION (Serving Elders & Pastors would meet the nominee)
- (2) PRESENTATION (Announce as potential candidates to the Church)
- (3) AFFIRMATION (Affirm by the require number of votes at ACM)

Do send in your nomination form **by 12<sup>th</sup> April 2026** to EDC Clerk Elder David Saw at [edcclerk@aspc.sg](mailto:edcclerk@aspc.sg)

INFO ON GIVING

Fund	Month of January (2025) (Including E-Bank)	Month of February (2026) (Including E-Bank)
General Fund (Tithes/Offerings)	\$32,794.80	\$36,000.80
ASPC—Expansion Fund	\$2,140.00	\$4,810.00

TITHES & OFFERINGS	General Fund	ASPC—Expansion Fund
<b>Cheque Payment</b>	All Saints Presbyterian Church	ASPC—Expansion Fund
<b>Bank Transfer</b>	DBS Account: 023-011014-8	DBS Account: 019-902305-7
<b>PAYNOW (UEN)</b>	T01SS0182C	T01SS0182CA31

Use **PAYNOW QR Code** for your tithes and offerings.

General Funds  
(All Saints Presbyterian Church)      ASPC-Expansion Fund

UEN: T01SS0182C

UEN: T01SS0182CA31



CONTACT INFO

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## **OUR SPEAKER: REV DANIEL LEE**

**Sermon Title: Silence & Solitude: Creating Space for God**  
**Sermon Text: Psalms 62:1-8; Mark 1:32-38**

**Introduction:**

**1. The Need for Spiritual Renewal by Seeking Refuge in God (Psalm 62:1-8)**

**2. The Need for Spiritual Alignment by Remaining in God's will (Mark 1:32-38)**

**Closing:**

**We practice the spiritual discipline of silence and solitude because we Need Spiritual Renewal by Seeking Refuge in God as well as Spiritual Alignment to Remain in God's will.**

# SPIRITUAL DISCIPLINE: SILENCE AND SOLITUDE — CREATING SPACE FOR GOD

## Anchor Scriptures:

- *Colossians 3:2* — “Set your minds on things above, not on earthly things.”
  - *Mark 1:35* — “Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.”
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## 1. Opening

- Begin with prayer, inviting God’s presence.
  - Icebreaker: Share one place or activity where you feel most at peace or restored.
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## 2. Scripture Reflection

- Read Colossians 3:2 and Mark 1:35 aloud together.
  - Reflect: Silence and solitude are not emptiness, but intentional space to rest in God’s presence and hear His voice.
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## 3. Discussion Questions

1. What difficulties or compulsions make it hard for you to stop and be silent?
  2. How does solitude help you minimize distractions and focus on God?
  3. Have you ever experienced God speaking to you in silence or solitude? What was that like?
  4. What emotions or thoughts surface when you are quiet before God?
  5. How might practicing silence and solitude regularly change your relationship with God?
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## 4. Spiritual Exercise: Guided Silence and Solitude

Follow these steps together:

1. **Find Stillness:** Sit comfortably, close your eyes, and breathe deeply.
2. **Awareness of God:** Acknowledge God’s presence. Silently pray, “*Here I am, Lord.*”
3. **Listening:** Spend several minutes in silence. Notice what surfaces—joys, griefs, questions, emotions.
4. **Resting:** Instead of fixing or controlling, simply rest with God in what arises.
5. **Sharing:** Share briefly what you noticed or experienced during the silence.

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## 5. Closing & Application

- **Summary:** Silence and solitude create space for God, helping us rest in His love and hear His voice.
- **Weekly Challenge:** Set aside 10 minutes each day this week for silence and solitude. Choose a quiet place, breathe deeply, and simply rest in God's presence.
- **Closing Prayer:** Thank God for His presence and ask for grace to practice silence and solitude regularly.

\*Material taken from Adele Ahlberg Calhoun on Spiritual Discipline Handbook