

ONE-ON-ONE DISCIPLESHIP PLAN

In this guide, you'll find a plan for meeting one-on-one with another Christian. The goal is simple: growth in obedience and likeness to Christ. As you get together for discipleship, we recommend spending time in each of these three conversation zones below.

LOOKING BACK

Share personal "highs & lows" since your last meeting.

- "How have you seen God's grace most clearly since we last met?"
- "Have there been any struggles in your walk with Christ since we last met?"

LOOKING UP

Consider reading and discussing from one of the books below.

- "What stands out to you?"
- "What challenges you?"
- "What is God teaching you in this?"

LOOKING AHEAD

Planning and praying for change

- "How do you need to grow?"
- "What steps can you take to grow?"
- "Who else can you help in their walk with Jesus?"
- "How can I pray for you?"

BOOKS OF THE BIBLE

Jonah

(4 Sessions Recommended)

James

(5 Sessions Recommended)

Ephesians

(6 Sessions Recommended)

Genesis 1:1-12:9

(6 Sessions Recommended)

Mark

(8 Sessions Recommended)

Romans

(16 Sessions Recommended)

SPIRITUAL GROWTH

The Gospel-Centered Life (Small)

Robert H. Thune & Will Walker

A Little Book on the Christian Life (Small)

John Calvin

Tim Keller on the Christian Life (Medium)

Matt Smethurst

The Discipline of Grace (Medium)

Jerry Bridges

Disciplines of a Godly Man (Medium)

R. Kent Hughes

Disciplines of a Godly Woman (Medium)

Barbara Hughes

THEOLOGICAL FORMATION

The Whole Story of the Bible in 16 Verses (Small)

Chris Bruno

Knowing God (Medium)

J. I. Packer

Love Thy Body (Medium)

Nancy R. Pearcey

The Church (Medium)

Mark Dever

40 Questions about Salvation (Medium)

Matthew Barrett

A Handbook of Theology (Big)

ed., Akin, Dockery, Finn & Morgan

**If you would like to pursue a specific emphasis in discipleship such as sexual holiness, leadership development, or a specific theological category, or if you have any questions about this guide, please contact Will Jackson, Abbey Cook, or Will Adams.*

O.I.A. BIBLE STUDY METHOD

As you study the Scriptures with someone, ask two or three of the following questions from each category. For example, in the Observation section, questions about the author and the genre will be needed during the initial meeting, but may not need to be repeated in subsequent meetings. Feel free to tailor the questions to best draw out the implications of the text.

OBSERVATION

1. Who wrote this book and to whom was it written?
2. How is it written? (literary genre and style)
3. What has happened so far in the book? What has the author already said?
4. Are there any major sub-sections or breaks in the text?
5. What words or ideas are repeated?
6. What verbs are used?
7. Are there any notable figures of speech being employed?
8. Is there anything surprising or confusing in the passage?

INTERPRETATION

1. How does this passage relate to other parts of the book?
2. How does this passage relate to the gospel? (good news of salvation and growth)
3. How does this passage relate to the Great Commission?
4. What message did the author want to convey to the original audience? (hint: remember context, themes, and motives)
5. How might someone easily misinterpret this passage?
6. How can we relate the author's original message to our present-day cultural context?

APPLICATION

1. How might you easily misapply this passage?
2. How should this passage shape our thoughts or beliefs?
3. How does this passage confront your current lifestyle patterns or heart longings?
4. How does the gospel enable you to live in light of this passage?
5. How might you share this passage with others?
6. What's the clearest action step this passage expects of you today?