Post Trauma Resources, LLC



Therapy Services

Evidence-based therapies for individuals, children, couples, families, and survivors of trauma.

Psychological Assessment

Evaluations for ADHD, age-related cognitive decline, surgical pre-screening, traumatic brain injury, independent medical evaluations, and public safety evaluations for pre-employment and fitness for duty.

FLOW for First Responders

Comprehensive support, education, and therapy for public safety and emergency services personnel provided by a licensed therapist with more than a decade of experience as a first responder.

Crisis Response

Ethical critical incident preparation, intervention, management, and recovery for communities and organizations.

Call today. We can help.

Post Trauma Resources, LLC
1709 Laurel Street Columbia, SC 29201
803-765-0700 www.posttrauma.com

While Post Trauma Resources has a proud history of helping people recover from the impact of trauma exposure, trauma treatment is not our only focus. We are also the Midlands' most trusted provider of services to help individuals, couples, and families lead more fulfilling lives. Our providers are skilled in helping you resolve other personal challenges such as depression, anxiety, behavioral problems, or relationship concerns.

Having a provider who knows the necessary components of growth and change is only part of the equation. Of equal importance is the level of trust and hope that your therapist can provide. This is why countless medical, legal, public safety, and other helping agencies throughout the Midlands have relied on Post Trauma Resources for more than forty years.



Safe Haven Policy

Since 1982, Post Trauma Resources has provided specialized trauma recovery therapy for people who have been victims of crime, abuse, and interpersonal violence, as well as for first responders affected by their exposure to trauma. Post Trauma Resources is committed to maintaining our office as a safe haven for these clients.

Therefore, people who have been alleged to have committed or have been criminally charged with committing an interpersonal crime, violent offense, domestic abuse, or child abuse are not eligible to receive services through Post Trauma Resources. If we are unable to serve you for this reason, we will provide you with a referral to another community resource that may be more suitable for your needs.