

The background of the poster is a soft, multi-colored gradient from light blue at the top to light pink at the bottom. It is filled with numerous white musical notes of various sizes and orientations. In the center, there are three stylized white silhouettes of ice skaters in various poses, appearing to glide across the scene. The text is arranged in a clear, hierarchical layout.

THE CANMORE SKATING CLUB PRESENTS

GLIDING 
THROUGH THE
SOUNDS OF TIME

MAR 23/24 at 6:30pm

MAR 24/24 at 11:00am

Canmore Recreation Centre
Thelma Crowe Arena

Sponsored by:



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TICKETS NOW!





In a land where time stands still, you are invited to witness the spellbinding tale of Sleeping Beauty's cursed sleep. As the story unfolds, we embark on a whirlwind adventure through 200 years of musical history, encountering some of the world's most legendary melodies and iconic figures along the way.

From the elegant melodies of classical ballet to the dramatic arias of opera, and from the show-stopping tunes of Broadway musicals to the infectious beats of contemporary pop songs, "Gliding Through the Sounds of Time" celebrates the diverse genres of music beloved by figure skaters.

At the heart of the show lies the profound relationship between figure skating and music. As the performers gracefully glide across the ice, each movement is intricately connected to the rhythm and emotion of the accompanying music. Through this seamless fusion of movement and melody, we hope you gain a deeper understanding of the rich history and significance of the music that inspires skaters worldwide.

Prepare to be captivated by the breathtaking choreography, dazzling costumes, and stunning performances as "Gliding Through the Sounds of Time" takes you on a journey through the ages. Whether you're a fan of classical ballet, opera aficionado, Broadway enthusiast, or pop music lover, there's something for everyone in this extraordinary ice show.

**Experience the magic, feel the rhythm
& glide through time.**

Written & Created by: Jan Ullmark

Coaches: Jan Ullmark, Kendra Domenico, Robin Thacz, Leslie Dueck, Caitlin McLeod

Act One

3 Fairies	Amelia, Mio & Anya
Maleficent	Val
Aurora	Paige
Maleficent & Cronies	Val, Norine, Carol, Caitlin, Greta, Lori, Meg & Leslie
Jiminy Cricket	Anya
Magic Flute	Mark, Maya A., Rebekah, Elise, Carys, Niko, Kendra, Mio, Elle, Maxime, Yvone & Lukas
Queen of Night	Niko
Sarastros Soldiers	Elle, Maxime, Yvonne & Lukas
Ellis Island	Mark & Elise
Ragtime	Hazel, Paige, Maya G., Izzy, Maddie, Hannah, Leilah & Abby W.
Wheel of Dreams	Abby B.
Skating Pictures of Young Girl	Leslie & Adele
Charlie Chaplin	Caitlin
My Husband Makes Movies	Lori
Cabaret Master of Ceremonies	Graham
Tango D'amor	Addison Pehl & Daniel Yu
Can Can	Hazel, Paige, Maya G., Izzy, Maddie, Hannah, Leilah & Abby W.
One Day I'll Fly Away	Maya G.

Act Two

The Producer	Graham
Audition	Hazel, Paige, Maya G., Izzy, Maddie, Hannah, Leilah & Abby W.
There's Got to be Something Better than This	Paige
American in Paris	Graham & Emma B.
I Got Rhythm	Carys, Rebekah, Elise, Niko, Amelia, Mio & Anya
Dorothy	Maya A.
Boogie Woogie Bugle Boy	Elle, Elise, Carys, Rebekah, Lukas, Yvonne, Niko, Mio, Amelia, Anya & Maxime
Song of India	Val, Norine, Carol, Caitlin, Greta, Lori & Leslie
I'm the Greatest Star	Maya G.
Devil in Disguise	Hazel
Aquarius	Jaarvi, Hiba, Mavi, Arjun, Chheyang, Adele & Chase
Annie	Amelia
Obladi Oblada	Ella, Isabelle, Chael, Phoebe, Bodi, Amelia, Tyanna, Emma, Lucas & Everly
Memories	Meg
Spice Girls	Izabel, Madelaine, Hannah, Leilah & Abigail
Falling like the Stars	Addison Pehl & Daniel Yu
Finale	Entire Cast

Soloists

Amelia Jacques



Meet Amelia Jacques, a 9-year-old dynamo on the ice! With four years of skating under her belt and having reached the Star 3 level, Amelia's passion for figure skating knows no bounds. She finds joy in the artistry of jumping and spinning, culminating in captivating performances. Amelia's most cherished skating memory is the triumphant landing of her first axel. Introduced to the sport through family outings, she draws inspiration from fellow skater Paige Domenico. Amelia's favourite maneuvers include the graceful camel sit spin combo and the exhilarating lutz jump. When she's not dazzling on the ice, she enjoys skiing and delving into the pages of a good book. Amelia extends her heartfelt gratitude to the audience for their support and looks forward to enchanting them in the upcoming ice show!

Anya Tkacz, a 12-year-old with a decade of passion etched into every glide. Achieving the star 3 level, Anya's love for figure skating blossoms from the boundless realms of creativity it offers. Her fondest memory? Being apart of the ice show. Inspired by her parents and the grace of Kaetlyn Osmond, Anya's signature moves include flip jumps, corkscrew spins, and elegant drags. Yet, her heart is set on mastering the elusive axel jump. Beyond the rink, Anya finds solace in drawing, acting, and dance. With gratitude, she welcomes you to share in the magic of the ice show—a testament to her dedication and the thrill of skating's artistry.

Anya Tkacz



Introducing Carys Bouwmeester, an 8-year-old dynamo who's been gliding across the ice for three years, reaching the remarkable milestone of Star 2. Embracing the challenge of mastering new jumps and spins, Carys finds her joy in the artistry of figure skating. Her proudest moment? Nailing her routine at a competition, a testament to her dedication and passion. Introduced to the ice by her mom, Carys finds inspiration in her coach, Kendra Domenico. With favorite moves including the loop jump, waltz jump-toe loop, spiral, sit spin, flip, and upright spin, Carys dreams big, aspiring to have boundless fun and always give her best. Off the ice, she's a multi-talented enthusiast, diving into gymnastics, piano, violin, and skiing, but above all, Carys loves school.

Carys Bouwmeester



Elise Irving



Meet Elise Irving, an 8-year-old who has been gracefully gliding across the ice for two years, achieving the remarkable milestone of Star 2. Enamored by the creativity and grace of figure skating, Elise finds joy in perfecting her sit spins and executing dazzling flip jumps. Her fondest memory? Capturing silver in her debut solo performance this year. Inspired by Maya Aura, Elise aspires to excel as a teen skater. Beyond the rink, she enjoys swimming, painting, mountain biking, and indulging in sweets with friends. With the support of the incredible Canmore Skating Club, Elise's journey on ice is bound for greatness.

Hazel Schmalz



Introducing Hazel Schmalz, a dedicated skater whose passion for the ice has been ignited since the tender age of four. With 10 years of graceful strides under her belt, she's currently honing her skills towards achieving star 9 tests in skills, freeskate, and dances, competing fiercely at the pre-novice level. What captivates her about figure skating is the seamless blend of expression and technical prowess it demands. Hazel's most cherished memory thus far is clinching the title of "Leading Edge Champion" for Pre-Juvenile U13 in 2023, a testament to her unwavering commitment. Inspired by the legendary Jan Ullmark, Hazel's journey on the ice is a testament to her perseverance and admiration for the sport.

Lori Louis-Thompson, a passionate figure skater whose love for the sport stems from its blend of artistry and athleticism. From the moment she glimpsed Karen Magnusson on her grandmother's television screen, Lori was captivated by the magic of figure skating. Now, her aspirations reach for new heights as she sets her sights on mastering axels and double jumps. Lori extends her heartfelt gratitude to Skate Canada, ISU, and the Canmore Skating Club for providing adults like herself the opportunity to pursue their skating dreams. She expresses profound appreciation to her dedicated coaches, the visionary Jan for creating this ice show, and the tireless efforts of the club's board members, volunteers, and supporters, particularly Norine and Carol, whose unwavering commitment brings the ice show to life.

Lori Louis-Thompson



Maya Aura



Introducing Maya Aura, a 15-year-old with nine years of graceful prowess on the ice, reaching the esteemed level of Star 4. What ignites Maya's passion for figure skating is the thrill of setting and surpassing her goals, epitomized by her cherished silver medal win in Invemere. Introduced to the sport through the Canskate program, Maya found inspiration in the legendary duo Tessa Virtue & Scott Moir. Her favorite maneuvers include the elegant shoot the duck and the mesmerizing corkscrew spin. With dreams of mastering the axel and earning a coveted place on the plaque, Maya's ambition on the ice is matched only by her love for adventure off it, as she explores the world through travel, skiing, and biking.

Maya Gonzalez, a seasoned skater with 12 years of experience, has risen to the ranks of Junior in her figure skating career. For Maya, figure skating isn't just about the jumps, though they are her favorite; it's about the tight-knit community and the camaraderie she shares with her fellow skaters. Her fondest memory on the ice is the triumphant moment she landed her double axel after relentless dedication. Inspired by her training partners, Maya pushes herself to excel further, particularly aiming to master as many jumps as possible. Beyond the rink, Maya finds joy in baking, art, and spending time with friends, enriching her life beyond the ice.

Maya Gonzalez



Meg Ohsada



Introducing Meg Ohsada, a silver medalist at the 2013 Special Olympics World Winter Games in South Korea. Her passion for skating reached new heights when she graced the ice alongside Canadian icons Tessa Virtue and Scott Moir in Rock the Rink in 2019. Meg's performances are a testament to her love for powerful music, captivating audiences with her emotional interpretation, particularly through the poignant melody of "Memories." Beyond the ice, Meg's talents extend to professional training and dance, recently dazzling audiences in Montreal with her ensemble, ICONIC. A lover of Broadway tunes since her enchantment with Cats in 2010, Meg's sisters can attest to her joyous off-ice serenades. Get ready to be swept away by Meg's dynamic presence and undeniable talent on the ice.

Mio Yuda, an 11-year-old skating sensation who has been gracefully gliding on the ice for five years. Achieving the remarkable Star 2 level, Mio fell in love with figure skating from the moment she first set foot on frozen lakes for fun. Inspired by Japanese icons Shoma Uno and Yuzuru Hanyu, she finds joy in perfecting her sit spins and camel spins, dreaming of Olympic glory or emulating the talented skaters at the Canmore Skating Club. Beyond the rink, Mio's interests span from badminton to downhill skiing, fly fishing, piano, crafting, and reading. With a heart full of determination and a message of encouragement for all, Mio invites you to enjoy the show and remember that no matter the obstacles, as long as you keep your sights set on your dreams, anything is possible.



Mio Yuda

Niko Iwasaki, a spirited 7-year-old skater whose passion for gliding on the ice has blossomed over 2.5 years of dedicated practice, culminating in achieving the Star 3 program. Enthusiastic about all facets of figure skating, Niko finds joy in every moment on the ice, especially relishing the feeling of gliding. Inspired by the grace of Mao Asada and the artistry of Yuzuru Hanyu, Niko aspires to master the elusive axel jump. Off the ice, Niko indulges in skiing, badminton, and the creative arts, but above all, holds a special affinity for feline friends. With a penchant for performance, Niko transforms from a homebound princess into an enigmatic evil queen for the show, promising an exhilarating and unforgettable experience for the audience.



Introducing Paige Domenico, a 17-year-old with an impressive 15 years of experience on the ice. While she's yet to reach her highest level in skating, Paige finds solace in the crisp air against her face and the symphony of her blades slicing through the ice. Her fondest memories revolve around summer skating camps, igniting her passion even further. Inspired by her mother's coaching and motivated by her older sister, Paige looks up to Paige Lawrance as her role model, especially for mastering the loop jump. With a penchant for double loops and dreams of joining Queen's University's Varsity Figure Skating team, Paige's ambition knows no bounds. Beyond the rink, she thrives on dirt biking adventures with her dad.



Paige Domenico

Rebekah Bugtong



Rebekah Bugtong, a dynamic 10-year-old who has been captivating audiences for 2.5 years with her graceful moves on the ice. Achieving Star 2 level, Rebekah's love for figure skating stems from the joy it brings both herself and others. Inspired by her perseverance after a childhood skating injury, Rebekah's favorite moments include all competitions and joyous skates. She thrills in showcasing her skills, particularly through loop jumps, spirals, and sit spins. With a fervent desire to enhance her spins further, Rebekah also enjoys exploring art, animal science, and swimming. Her message to aspiring skaters is one of commitment, discipline, and boundless fun – never giving up and always striving for personal bests.

Meet Val Laferrière, a figure skater with an impressive 22-year journey on the ice. Having attained the prestigious ISU Silver Freeskate and participated in two World Winter Master Games, Val embodies the essence of athleticism, creativity, and the camaraderie fostered within the skating community. Her passion for the sport ignited when she began skating alongside her eldest daughter, sparking a love for the challenge of pushing both body and mind to new limits. Looking ahead, Valarie sets her sights on mastering the axel and double jumps, determined to showcase that age is no barrier to conquering new feats on the ice.

Val Laferrière



Cast Members

Abigail Wagner
Adele Skinner
Amelia Kendal
Arjun Naidu
Bodi Irving
Caitlin McLeod
Carol Manson McLeod
Chael Grivell
Chase Walker
Chheyang Sherpa
Elise Irving

Ella Birch
Elle Irving
Emma Sherpa
Everly Walker
Graham Schaufele
Greta Heathcote
Hannah Molina
Hiba Hattat
Isabelle Dube
Izabel Dubois
Jaanvi Gabba
Kendra Domenico
Leilah Molina

Leslie Dueck
Lucas Thatcher
Lukas Trcaz
Madelaine Dubois
Mark Tracz
Mavi Lamarche
Maxime Vallet-LePage
Norine Hori
Phoebe Huo
Tyanna Ouellette
Yvonne Jacques

Spotlight Skaters

Emma & Abby Bulawka



Emma Bulawka, a seasoned figure skater at the age of 20 with 14 years of experience, now performing at the senior level. Her passion for figure skating lies in its ability to convey any emotion, captivating audiences with every glide. Emma cherishes her moments learning from legends like Lori Nichol and Carolina Kostner, with Carolina standing as her ultimate role model. She finds joy in executing step sequences and spiral sequences, aspiring to inspire others and share the wisdom she's gained. Beyond the rink, Emma finds solace in wake surfing, yoga, and writing, with dreams of pursuing medical school to become a sports doctor and choreographer for future skaters.



Abby Bulawka, a 19-year-old skating sensation with 15 years of grace and skill under her blades, soaring to the Senior level of figure skating. Abby's love for the sport transcends mere movement; it's about the exhilarating sensation of flying across the ice, expressing herself through every elegant motion. Her journey has been marked by unforgettable milestones, with her cherished moment being the qualification for her first nationals. Inspired by her sister Emma, Abby's favourite jumps include the triple sal, while her spins are highlighted by the death drop. Looking ahead, Abby strives to refine her technical prowess and captivate audiences worldwide, sharing her unwavering passion. Beyond the rink, she finds joy in baking and exploring the globe. And if you catch her skating with her skates on the wrong feet, don't be surprised - it's all part of Abby's charm and spontaneity.

Guest Skaters

Addie Pehl & Daniel Yu



Addie and Daniel are a dynamic ice skating team that is under the guidance of coach Kim Slopak-Weeks in Calgary at Calalta. Since becoming partners a year ago, they've shown lots of growth finishing 11th at Canadian Nationals last season. Now stepping up to the senior level, their commitment is evident through a rigorous five-days-a-week training schedule. Off the ice, Addie is eagerly anticipates her university studies in Law and Society, while Daniel is deep into his Math and Economics degree. Their dedication, both to their sport and academic endeavours, truly sets them apart as a team worth watching.



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creating memories that will
last forever!

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Acknowledgements

The Canmore Skating Club would also like to offer a big thank you to the following financial sponsors. This year's production couldn't have happened without their support.



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Thank You

We extend our heartfelt thanks to each of you for your invaluable contributions to our ice show. Your support, dedication, and hard work were the driving forces behind its success. From the generous sponsors who provided crucial financial support to the dedicated volunteers who tirelessly worked behind the scenes, every effort made a significant impact.

Our coaches' unwavering commitment and guidance have empowered our skaters to showcase their talents with grace and precision. The meticulous planning and attention to detail from the planning committee ensured a seamless and captivating event for our audience. The support and leadership of our Skating Club board members have been instrumental in fostering a vibrant and thriving skating community in Canmore.

We also want to express gratitude to the Town of Canmore and their Rink Staff for maintaining our ice facility to the highest standards and ensuring a safe and supportive environment for our skaters. Additionally, the collaboration with Peardon Consulting, Canmore Golf & Curling Club, Canmore Speedskating Club, Banff Skating Club, Samantha Forsyth, and Heather Tkacz for their valuable contributions.

Together, your collective efforts have created cherished memories for our skaters and audience alike. Thank you for your unwavering commitment to the Canmore Skating Club and the success of our ice show.